



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

101 Washington St., Toms River, NJ 08753-7625

Telephone: 732-349-6200

www.theoceancountylibrary.org

Susan Quinn, Director

July 30, 2018

PRESS RELEASE

CONTACT: Dan Fitzgerald, 732-349-6200, ext. 5908
dfitzgerald@theoceancountylibrary.org

Jackson Library Programs

JACKSON – The Ocean County Library will host various programs for adults throughout the month of August at its Jackson Branch, 2 Jackson Drive.

“Afternoon Film” 2:30 p.m. Thursday, Aug. 9. Call 732-928-4400 or visit theoceancountylibrary.org/events for film information.

“Mindfulness Meditation: On Focused Awareness” 11 a.m. Friday, Aug. 24. This class is an invitation to practice mindful awareness, open to novice and skilled practitioners. Enhance clarity, calmness and mindful presence through guided exercises. Practice includes informational teachings, and sitting in silence. Followed by Q&A. Seating is limited.

“Evening Film” 6 p.m. Monday, Aug. 27. Call 732-928-4400 or visit theoceancountylibrary.org/events for film information.

“Coloring for Adults” 10 a.m. Tuesday, Aug. 28. Rediscover the joy of coloring. Coloring sheets and art supplies provided along with light refreshment and relaxing music.

Registration is required for these free programs. To register, call 732-928-4400 or visit theoceancountylibrary.org/events.